

2018 Adult Final Night Exit Survey

Women's Recovery Academy & Other Halfway Program Participants

What did you like about Wings For L.I.F.E.?

1. Meeting new people.
2. I liked the socialization skills.
3. I learned about stuff to take out into the "free world" when I leave New Mexico Women's Recovery Academy.
4. I liked learning about resources and gaining education about reintroduction into society.
5. Everything. I enjoyed that people from all different walks of life were involved. I also enjoyed the speakers and the topics they discussed. And, of course, the food was yummy!
6. I liked coming together and having meal discussions. I also enjoyed the guest speakers; they were very helpful and informative.
7. I liked that I was able to meet people in the same situation.
8. The guest speakers and the information they provided.
9. I liked hearing the guest speakers and meeting new people.
10. I learned how to talk in public.
11. I learned how to shake someone's hand.
12. I liked the fact that they taught us manners, how to set a table, how I can learn from other people, and how important it is to have accomplishments.
13. I liked the pizza.
14. I liked getting to meet new people.
15. I liked all of the new stuff they taught us.
16. I like the skills that they taught us.
17. New Mexico Women's Recovery Academy residents could attend Wings.
18. I loved the different speakers that came in. It was very informational and inspirational.
19. I liked pretty much everything.
20. I really liked the mixers; they forced me to be more social.
21. They taught me about manners and programs for families who have family members incarcerated.
22. I liked everything, but mostly meeting people.
23. I learned how to open up and meet new people.
24. I liked how it taught me multiple life and job skills for returning citizens.
25. I liked that we get to go spend our time learning something valuable about reentry before leaving NMWRA.
26. I liked the people and mixers.
27. I have liked that Wings helped me meet so many people and helped me in so many other ways.
28. I liked the informative people who would come and speak, and meeting new people.
29. I liked being in public.
30. Meeting new people and the mixer, and being able to learn new things and manners.
31. The people; they welcome you with open arms and make you feel important.
32. That it taught me etiquette and reentry services.
33. I liked how I was able to go and I didn't feel judged. I was accepted for who I was and there were others who struggled just like me.
34. How welcoming it was and how it made me feel like there is hope in my future.
35. Getting out of my comfort zone. Getting new resources. Meeting very nice people.

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36. The interaction with a variety of people and the food. ☺
37. How to set tables, proper etiquette. The discussions and meeting people.
38. I liked their discussion, people skills and the food.
39. How to set a table, proper etiquette, the discussion.
40. I enjoyed meeting all the new people and learning new things to help me throughout my life.
41. I enjoyed all the speakers who attended, and all the amazing stuff that I finished.
42. I very much enjoyed all the meetings, meeting new people and the new things I have learned.
43. Almost everything but meeting new people.
44. I loved the fact that everyone was so welcoming and that no one criticized me because I was in recovery.
45. I loved learning how to be back in society, socializing and meeting such wonderful new people.
46. The proper manners it teaches and the mixers, the different topics, and great food.
47. I liked how I learned to be more social, how to set a table and just everything about it honestly.
48. I liked doing the mixers and learning to communicate better with others. Being able to hear people's stories/experiences.
49. Got to meet new people and got to learn stuff about parenting.
50. Learning proper etiquette.
51. The fellowship, the food and hospitality.
52. All of it. Everything was welcoming and warm.
53. To have proper etiquette as well as manners, as some people have failed to remember and have been reintroduced, as well as being comfortable in an uncomfortable situation.
54. Everything. It helped me better understand my felony isn't going to hold me back.
55. The mixers.
56. I liked the fact that everyone is treated equal and that the community gets along with each other.
57. Everything. The atmosphere, the people, the conversation, the food, new interesting topics and knowledge.
58. Team building skills, family gatherings.
59. Meeting new faces, having dinner like a family. I felt welcome.
60. I liked meeting new people. I also enjoyed all the lessons that were taught.
61. That I learned about how to do a resume and how to apply for a job.
62. I liked meeting new people.

What did you learn at Wings For L.I.F.E. that you have used in your life, or will use in the future?

1. To learn about this organization and support.
2. I have used the socialization skills that I got here, back at home.
3. How to maintain a life outside prison, rehab and incarceration, and that there is a life outside of addiction.
4. I learned about instructions, the closed eyes while folding paper exercise (how to listen and also the importance of giving good instructions) and the Wings For L.I.F.E. pyramid. (Cups representing the 40 Developmental Assets – ways to cut at-risk behaviors.)
5. Proper etiquette. Learned about accessible assistance, social services available for reentry into society.
6. I learned techniques in parenting, ways to communicate and deal with others, about consequences of poor choices, human trafficking, and affordable gift ideas.

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7. My table setting skills and people skills.
8. I learned about proper etiquette, how to be a better parent, and how to make a resume fit my work.
9. How to set a table and things about bullying.
10. How to handle an interview. How to be more social and to set a table.
11. That we are all equal as one. We have a good purpose in life, we are just as important as we think we are.
12. The fact that I know how to set a table and also all of life's skills.
13. The manner of learning all about setting a table and the appropriate way to wear a name tag.
14. How to set a table and where to set your napkin and name tag.
15. I have learned how to set a table the proper way, of being in public, and how to do a resume.
16. I learned how to have conversations with people at the table. I will take that home with me.
17. I learned how to set a table properly, how to interact with the community, and how to help everyone to eat and participate in Wings.
18. Public speaking and proper etiquette.
19. I learned how to be more social.
20. To talk louder and how to set a table.
21. To be open-minded and to learn new things about people.
22. How to present yourself for a job. How to set a table.
23. How to set up a table.
24. That I am worth something, successful and there are people who care.
25. Learned manners.
26. Learned about the Assets of Life and how there is still a way to transition back into life.
27. In the future, I will be able to speak better in public.
28. Parenting skills.
29. Programs for loved ones who are incarcerated. That there are many programs out there for help.
30. I learned a lot about manners.
31. I will do better in groups of people. I will actively listen without judgement.
32. To know that we are all important and someone, and it's okay to reach out.
33. Life skills for returning citizens.
34. How to speak more comfortably in public, tips about interviewing, parenting tips, etc.
35. How to become a parent.
36. How to build a resume and use the time I spent in jail on my resume.
37. How to do a proper interview and how to dress. How to build a good resume.
38. That no matter what I've been thrown in life that I am someone.
39. My manners, how to introduce myself to others and be confident.
40. Our past doesn't define us...How to dress for an interview. Information about guardianship and grandparent's rights.
41. How to set a table properly.
42. I learned how to set a table. How to get out of my comfort zone and be able to talk to others. I learned what to expect when applying for a job. I was able to talk to a judge and ask questions. They also had parenting classes.
43. How to set a table, proper etiquette, social skills and how to come out of my comfort zone.
44. Info about interviews - how to dress and how to act.
45. How to set a table.
46. My table setting skills, people skills.

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47. How to get along and volunteering, table setting skills.
48. How to make new and better rules for my kids and proper etiquette.
49. Safety.
50. What to expect when returning to society.
51. I learned to be more open-minded as well as to be more active in my community. What to expect when returning to my community.
52. To be more sociable in uneasy environments as well as manners, how to keep eye contact and to be respectful to the other person or persons.
53. I'm a returning citizen. How to talk to people, proper etiquette, manners.
54. Proper dinner etiquette.
55. I've learned how to budget better and that it's good to do, so when I go out into the community, I'm going to use these skills.
56. Other peoples' stories or bits of information they impart and share, how to actively listen, be involved, open-mindedness, and table manners.
57. That as a returning citizen, I can still achieve my goals and be a successful person.
58. Never to give up. To have goals. There is a lot of help.
59. Proper manners.
60. How to apply for and obtain a job.
61. I've learned good ways to start "Big talk", how to set a table and budgeting.

Why would you recommend that leaders in the Corrections Dept. continue to allow residents to attend Wings For L.I.F.E.?

1. Learn that there are places and people who care.
2. Because it offers great reintegration opportunities.
3. That they can learn about life outside of incarceration.
4. We are slowly exposed to the "real world" in an appropriate atmosphere, learning relevant topics. More programs like this are vitally essential to reduce recidivism.
5. Because by coming to this, citizens learn how to reintegrate back into society to apply the life/social skills.
6. Because it is something positive and fun to look forward to.
7. It helps inmates and residents acquire life skills and knowledge they can use when they transition back into society.
8. I would and will recommend that Corrections Dept. leaders allow residents to attend. It is a great way to learn etiquette and reentry into society. Also, it is great to relearn how to be sociable.
9. To reunite families together with their parents who were incarcerated.
10. Because it teaches etiquette and excellent skills.
11. Because there are many valuable things that they can learn.
12. Because it teaches good life skills.
13. Because it teaches us some very good stuff that we can use in our everyday life when we reenter the world.
14. It helps you get out of your comfort zone. You learn so much.
15. Because Wings For L.I.F.E. is a skills builder. When I leave the New Mexico Women's Recovery Academy I plan on going to Wings.
16. Because it helps people learn more about themselves.

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17. Because it helps us returning citizens to get back into the community and to get out of our shells and learn manners and it gives us a lot of helpful information and resources available in the community.
18. Because it helps them understand life/social skills and reintegrate with society.
19. Because it is good advice and classes for returning citizens.
20. Because Ann is a great person and they teach you a lot at Wings. They have many great resources.
21. Because it would maybe give them a sense of a normal life.
22. Because it helps us get information and gain motivation from Ann and guest speakers.
23. Because it is very positive and uplifting.
24. It helps us with reintegrating back into society.
25. I definitely would.
26. It is an amazing program and you can learn something.
27. Because it is something positive and fun to look forward to.
28. Because it is a great experience.
29. It is a very informative program and a lot of fun.
30. It's an opportunity to meet new people and practice greeting new people properly.
31. Because we learn excellent life skills on how to reintegrate back into society.
32. Because it helps us regain our proper society manners to help us each day.
33. Because it shows residents how to have manners when we get out back into the real world.
34. Because it helps you go back to the community after being locked up for so long.
35. What the difference is between a conditional discharge and a deferred sentence.
36. Helped me to be more productive in life.
37. Because it helps your social skills and the guest speakers' topics are very useful.
38. That it is a good place to help reintegrate into the community.
39. **This is a great place to learn NEW things in a safe environment.**
40. Teaches you how to communicate in a community comfortably and respectfully.
41. I would like to recommend that the leaders in the Corrections Department continue to allow residents to attend Wings For L.I.F.E. so they have a chance to learn life skills.
42. It is a good place to go.
43. Reuniting the family (families) together.
44. Stay positive.
45. That it is a great program and very beneficial.
46. I would like to know more about jobs available to felons.
47. You people are doing great.
48. Parenting.
49. None.
50. **Because it builds self-esteem.**
51. Because we learn a lot of important information about people who are coming out of prison or rehab.
52. **It's helpful to know there are programs to help in different things and you are not alone.**
53. That you're not alone and there are a lot of different programs you can attend.

54. **So that they can feel like they're not alone, that people do give others a second chance regardless of their background. As to where it gives them another state of mind as to how reality on the other side of the walls is. It helps as Wings For L.I.F.E. teaches other life strategies.**

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55. Because it helps adults and children understand that there's a life after incarceration.
56. It helps us maintain normalcy.
57. Because it teaches people how to respect each other and how to meet other people. Also to be able to speak in front of other people.
58. It's helpful. It helps us relax and at the same time gives us information. Also makes it easy to learn and is fun.
59. It is a great program that accepts felons and helps guide us in the right direction.
60. Because it gets you out of your comfort zone. You learn a lot of tools.
61. To learn how to be a returning citizen.
62. Because it is a good program to learn about re-entering society.

What additional topics or issues would you have liked addressed at Wings For L.I.F.E.?

1. Available halfway houses.
2. Life inside of prison and how families can help their family members more while incarcerated.
3. More job resources that hire felons.
4. I loved Ann and all the staff.
5. What the difference is between a conditional discharge and a deferred sentence.
6. I got to talk to lawyers, teachers, judges and they all gave me hope for my future.
7. What to do if you don't know your rights as a parent when it comes to CYFD or custody situations.
8. Addiction and what leads to becoming addicted and keeping the youth out of jail or prison.
9. Everything was good.
10. Other people's past experiences and how they dealt with them.
11. Support to help mothers regain custody of their children.
12. Jobs and job communication.
13. More parenting courses and maybe topics on helping younger adults or adolescents reunite with their parents.
14. Anything having to do with families.
15. None, I've learned a lot of stuff at Wings For L.I.F.E. I appreciate all the good advice you have given me for when I get out of the program.
16. I think a lot of topics were addressed. I really enjoyed it and cannot wait to return.
17. Child development.
18. I would like it if there was a Wings For L.I.F.E. in Las Cruces, NM, (my home town) so I could volunteer some more.
19. Resources for job searches and resources for apartments for returning citizens.
20. More job opportunities.
21. As of right now I can't think of any. They already have great topics and issues they are addressing.
22. What to do if you do not know your rights as a parent when it comes to CYFD or child custody situations.
23. Transition back into life with your kids.
24. Parenting and more job skills.
25. Parenting and job skills.
26. Pizza.
27. Courtesy towards animals and how to volunteer at places like an animal shelter.
28. None. They had great topics.

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29. How to advocate for more rehabilitation services for the younger generation for the epidemic of drugs in our state.
30. District Attorney.
31. Nothing. Wings is great. I am glad I was able to be a part of it.
32. Many more opportunities for people getting out of recovery.
33. I would like to know more about jobs available to felons.
34. You people are doing great!
35. Parenting.
36. None.
37. Success.
38. Job search and returning to the community.
39. I like it the way it is.
40. Abuse with women and men in relationships. How to stay together and make relationships work.
41. Employment.
42. How to deal with loved ones who are sick and dying in prisons.
43. What can you discuss on the healing process of being distant from your spouse in a panicky situation?
44. Reentry, family unification.
45. Well, I think Wings For L.I.F.E. has addressed pretty much everything.
46. How to get an appointment. Because it is hard when you have been to prison and because you are a felon.
47. Education opportunities.
48. How to handle an interview and how to speak.

Additional comments:

1. I enjoyed Wings.
2. I have been in and out of incarceration the last 10 years and Wings For L.I.F.E. has helped me build my confidence more. Thank you.
3. Thank you.
4. Thank you Mrs. Ann and WFL for helping me regain my social skills.
5. Thank you for allowing me to be a part of Wings For L.I.F.E. and for being a positive inspiration to my recovery.
6. I really appreciated Mrs. Ann and everyone here at Wings. God bless you all.
7. This is a great program.
8. After I complete the NMWRA program, I would love to come to the Wings For L.I.F.E. meetings with my son and daughter and be an active and regular participant.
9. It's been awesome! Thank you so much.
10. I just want to thank Wings For L.I.F.E. and Ann for giving me the chance to be a part of this program. It's really a wonderful thing you're doing here. God bless you.
11. I loved how welcoming Wings is to everyone.
12. Thank you so much for this experience. It has helped me grow so much and become more confident on returning to my home town of Las Cruces, NM, in six weeks.
13. Thank you for teaching me so much.
14. Wings is a very good program. I am so glad I got a chance to come to this program and learn the important stuff you have taught me here. Thank you.
15. Thank you for all that you do.

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16. Thank you all for all you have done for me and welcoming me into Wings. I will miss you all. God bless always.
17. I just want to thank everyone for this opportunity and experience. It was very informative and I will go out and share my experience and recommend this to anyone who will listen.
18. Thank you all for allowing me to be a part of Wings For L.I.F.E. God bless you all and allow great funding for Wings to be available to assist many, many, more people.
19. Thank you for everything!! 😊 (Graduate Oct 30, 2018)
20. Thank you.
21. This place is amazing.
22. Thank you and God bless.
23. Thank you for everything.
24. Thank you so much. I really enjoyed my time with you!!!
25. Thank you for having me.
26. Thank you for everything. I really enjoyed coming and hope to be back to visit.
27. Thank you.
28. I appreciate the hospitality and the teaching of proper etiquette as they were things I didn't know. Thank you and God bless you Wings For L.I.F.E. volunteers and Ann.
29. I appreciate everything you guys do and everything you taught me. 😊 ❤️❤️
30. Thank you, I enjoyed it.
31. I just want to thank you all for everything you have done for me!!
32. I would like to thank this program for everything I've had the opportunity to learn. It was wonderful, insightful, interesting, and fun! Thank you so much.

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