



## 2017 CNM/UNM Service Learning Exit Comments

**Wings For L.I.F.E. (WFL) appreciates your completion of this form.** This information will be used to assist Wings For L.I.F.E. Identify ways to better help participants, plan supportive programming, provide data for grant applications, and help educational leaders, correctional officials, and others evaluate the outcomes and effectiveness of a person attending WFL.

### What did you like about Wings For L.I.F.E.?

1. I loved how passionate the staff at Wings is about changing these people's lives for the better, including teaching them about society.
2. I think the environment was very welcoming and was like one big happy family supporting and caring for one another.
3. I really enjoyed meeting new people and spending time with the children.
4. Warm and welcoming it was.
5. Everyone is treated with respect and equal. So welcoming.
6. Wings For LIFE gives us the opportunity to meet new people and talk about important topics.
7. I enjoyed the language that was used here at Wings. It made me feel comfortable and welcome.
8. The kindness.
9. I really enjoyed how social the environment was and the sense of community between volunteer's and returning citizens.
10. I liked being able to meet new and different people. I loved learning and hearing the life stories of every person I met.
11. They were very nice. I felt welcome.
12. I liked that Wings addresses the preventative aspect of incarceration, and pays attention to the kids so that they can break the cycle.
13. I enjoyed how everyone is treated with respect and kindness.
14. I enjoyed being able to communicate with many different people and share stories we have in common.
15. How everyone is treated equal and there is no judgement.
16. What I liked about WFL was the positive environment. I also enjoyed the Monday night meetings and the way Ann encouraged conversation and meeting new people helped me get out of my comfort zone. Lastly, I enjoyed helping with the children and leading dinner discussions.
17. I liked the feeling of community between everyone and how everyone is willing to help one another.
18. I've met so many different wonderful people here.
19. I really enjoyed the welcoming and friendly environment. Also being able to interact in groups is great because everyone can ease into conversation.
20. This organization is wonderful. They make you feel as if you're part of a family.
21. I really enjoyed the structure of each meeting. Also, I made a lot of friends here.
22. I liked the life skills and coping mechanisms taught. The help with basic needs like food and clothing is also an amazing and needed service.

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23. I liked how they promote social skills like talking to someone you don't know. These exercises really do help returning citizens.
24. I enjoyed the opportunity to meet new people through the Monday night dinners. I also enjoyed learning new things from the keynote speakers.
25. Hearing other people's stories, being respected and getting to know all of the staff.
26. I really appreciate what the organization does for reentering citizens. Plus giving students help in obtaining their hours.
27. The interaction with people outside of my normal life. You learn a lot more about the things that bring us together as humans. Being more able to talk with new individuals.

### **What did you learn at Wings For L.I.F.E. that you have used in your life, or will use in the future?**

1. I learned a lot about how challenging it can be for people who've been in jail to reintegrate into society and how incarcerated parents affect children.
2. How to properly set a table.
3. I learned that communication is important and we should always work on being comfortable meeting new people and learning from their experience.
4. Naming and labeling people are a big issue so we need positive ways to name and label people and things.
5. How to set a table and what family days are like.
6. I learned the proper way to set a table and proper manners to use at the dinner table.
7. I learned how not to judge people based on past experiences and bad life decisions. There's always time to make the right choice and turn your life around.
8. I learned everyday things such as how to set a plate and shake a hand. I also learned to communicate with others better.
9. To find ways to collaborate in the communities and help those in need of food, words of wisdom, and more.
10. I have learned good and proper etiquette for the dinner table.
11. Probably the table manners and the concept of sitting all together with my family at the dinner table.
12. I learned the proper way to see a table and proper manners to use at the dinner table.
13. I've learned how to put organized lesson plans together and by doing this I feel that I have a better idea of how to lead a group with a lesson and for all ages.
14. I have learned that no matter the person, struggles, or mistakes, we're all one and we all deserve to be treated like so.
15. I'll do better in groups of people. I will actively listen without judgement.
16. I learned that every person has their own story and that it is very important to treat all people with respect, everyone.
17. Communication---using I statements I found to be noteworthy and I intend to use that new skill.
18. I learned to not judge others for their physical appearance (tattoos, piercings and clothing). Showing respect and encouragement for anyone and everyone. WFL has also motivated me to volunteer at other non-profit organizations because I want to help more people.
19. I have learned that everyone has a unique story, and it takes everyone time to become who they are. Never judge anyone before knowing them and always be willing to help.
20. I learned how to open myself up and talk with different people.
21. I learned more about bail bonds from the side of a consumer. I think this is useful knowledge to anyone.
22. No matter where you are from, you are human just like everyone else. Motivation and inspiration.
23. I learned about proper table manners, how to budget and how to shake a hand properly.

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24. I felt like the motivational speeches and coping mechanisms taught could make a positive impact on anyone's life.
25. What I learned at WFL is how to properly set a table. Table manners (pass to the left, you will always be right).
26. I will use the information from the parenting classes as well as learning about manners. I will also be able to use the skills I learned in meeting new people.
27. I have learned that no matter the person, struggles, or mistakes, we're all one and we all deserve to be treated like so.
28. The 40 Assets, respect and treating people with love.
29. Being less judgmental about individuals. Be more open to accepting new people in my life that I may be able to learn from as I help them.

### **Why would you recommend that leaders in the CNM/UNM continue to encourage students to attend Wings For L.I.F.E.?**

1. After attending Wings once, you would want to continue to attend because of the welcoming environment Wings provides.
2. It beneficial and helps you successfully come back into the community.
3. It helps gain experience.
4. It helps them learn valuable life lessons.
5. I believe it's a great life experience to put yourself out in the world with the intent of helping others, not just focusing on yourself.
6. I didn't get the chance to go to the corrections department but it was something I looked forward to doing, so I don't have much insight here. But I imagine it to be a proactive act rather than reactive.
7. I would recommend that leaders at CNM continue to encourage students to attend Wings For L.I.F.E. because you learn something new every time you attend a meeting or event.
8. Because it is a great place to find peace, and also collaborate in the community and have the opportunity to contribute.
9. Because it is important for people in prison, but most of all the family to see their loved ones.
10. Yes, I would recommend continued support from CNM/UNM. Wings is a wonderful organization that addresses a very important issue especially in our area.
11. It really helps build communication skills that you need in your everyday life and you get to meet all sorts of new people.
12. It gives students a chance to look at the preventative aspect of incarceration instead of just counseling those who are already in jail or have substance abuse problems.
13. I think it is important for individuals involved with incarceration to learn to learn to build life skills and build relationships within the community.
14. It's an eye-opening experience, and it really teaches you to understand and encourage people, beyond their past.
15. It's so important that diversity of people with all kinds of experiences come together and share their stories.
16. You will get one-on-one experience with returning citizens and their family members and how they are living day to day.
17. It's about family and how to cope, plus try to break the cycle.

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18. This opportunity provides an outside hands-on learning experience. This could also help students with deciding on what they want their majors to be by being a part of the organization. It can help with social interaction, learning and meeting new people.
19. I think they really get to have positive people around them and they learn good life skills.
20. I would recommend to the corrections department the WFL program.
21. Wings gives the opportunity for residents to gain personal exposure without judgement. Also teaches useful life and communication skills.
22. Yes I would.
23. I feel like it teaches important life skills to help inmates.
24. Many people ended up there because they were not taught the skills taught at WFL in childhood. Programs like these are necessary to end the cycle for future generations.
25. I will recommend it because it promotes family values and social skills.
26. It's been a great experience. It's something to continue with for a long time.
27. It is a great way for people to get involved with and also in society most college age kids don't want to. This will also give them the opportunity to work and visit with the souls they are really helping.

### What additional topics or issues would you have liked addressed at Wings For L.I.F.E.?

1. Maybe talk about child obesity.
2. Everything that's been addressed. Maybe how to use formal language and slang.
3. None, good discussions.
4. I would have liked to address how important it is to keep a healthy and positive mindset, even when times get hard and moments seem difficult.
5. I spent a lot of time with the kids, so I would have liked the topics to be different for them like maybe talk about importance of school and good grades, maybe about some of the issues they are dealing with, etc.
6. I would have liked to address the topic of the different opportunities kids and teenagers have in life; military, and school.
7. Women's rights and racism.
8. I think educational games would be a fun way to contribute in the community.
9. Every conversation was great and I would not change a thing.
10. I think Wings does a great job at addressing the necessary aspects and topics. I couldn't think of anything else I would want to be addressed.
11. I would have liked to learn more about parenting techniques and job marketing.
12. More activities that would build relationships between parents and children during the last hour.
13. Maybe set up a writing class to show how to write letters and resumes.
14. Issues---providing help for those who are attempting to get their citizenship. Topics---Education (GED/college), comedians, poetry slams.
15. I think that everything covered was great.
16. The current topics are fascinating and engaging as is.
17. I think dressing for interviews would be helpful.
18. There are always interesting topics.
19. Job training and housing services recommended for people starting out.
20. I don't have any. There is a wide array of topics already covered.

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**Additional Comments:**

1. I loved it so much.
2. Keep up the great work.
3. Thanks to everyone involved for making me feel welcome.
4. Great program and I will always encourage people, students, anyone, to participate in this great program.